



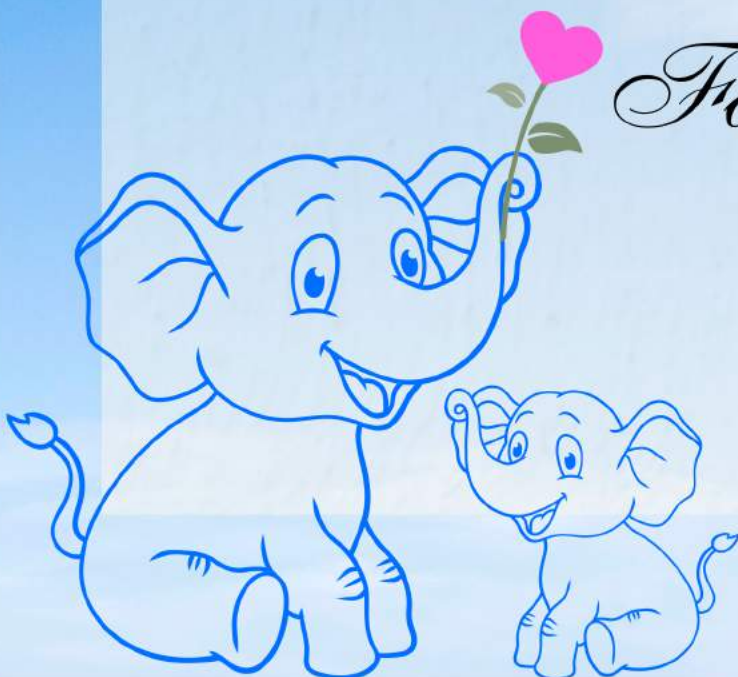
Theo Safeguarding Little People



Leaving a Legacy of Love...

A Guide on How you can leave a
gift in your Will for

*Theo's
Foundation*





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With Thanks



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Leaving a Gift in your Will and leaving a Legacy of Love

Your gift helps create a stampede of
change... because every life is precious



Leaving a gift in your Will is an amazing way to support the families who go through the loss of a baby or child each year. Any gift – however large or small – will enable us to continue providing the extras that the NHS simply can't. Thanks to people like you, we're helping improve families' experience of care during and after loss:

- Cold Cots - To give families the chance to make some precious memories and spend longer with their little ones after delivery - without these facilities families get very little time with their little ones. Each donation that funds a cold cot can be made in honour of your little one, each with a plaque featuring their name.
- Baby Memorial Gardens - Although there are a few around the UK we believe there should be one in each town so that bereaved families don't have so far to travel to spend time in nature, honouring their little ones.
- Extensive Specialist Training for Baby and Infant Bereavement Specialists - ensuring whole families receive the aftercare they need it for as long as they need it.
- Funding for getting legislation put in to place and for raising awareness



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- Funding for Memory Boxes
- Funding to Support Families in Crisis during Bereavement for example travelling to and from a hospice
- Funding for our Whole Family Events such as our Teddy Bears Picnics, Sibling Days, Christmas Events
- Funding for our Sleeping Angel Gowns - Specially designed gowns for smaller babies for their funeral. When Theo passed, we couldn't find anywhere that made gowns small enough.
- Funding for our Forever Sleeping Angel Pillows - A beautiful handmade pillow for sleeping babies to lay on
- Funding for Research into Stillbirth and improving maternity care
- Funding for Bereavement Support Groups such as our Bereavement Cafe's
- Funding for our Angel Family Choir



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We've come so far already, but there's so much more that we would like to do. A gift in your Will can help ensure we're there for every family who need us, whenever they need us. If you would like to support families, a gift in your Will is an incredible way you can continue to support Theo's Foundation.

Many people feel it is daunting making a Will, but it's not difficult, nor does it have to be expensive. We've made the process even easier by partnering with the National Free Wills Network to enable you to make a Will, free of charge. Using this service does not mean you are obligated to leave a gift to us but but we would be extremely grateful if after taking care of your loved ones, you choose to leave a gift to us. So that we can continue to support the families going through such a devastating time.

A Gift in your will means your Legacy and Support for Theo's Foundation can continue. There are several ways in which you can leave a gift in your will and on the following pages we will give you some ideas and how to go about creating your Will.





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Reversionary Gifts

Gives named beneficiaries the right to benefit from it during their lifetimes, either by allowing them the use of an asset (A property for example). Or by receiving an income from the asset (income from an investment/rent etc) Another beneficiary, usually a charity, receives the asset after the named beneficiary dies.

Pecuniary Gifts

This is a cash gift where a fixed sum of money is left in your Will. It's a good idea to review pecuniary gifts regularly, as their face value can be reduced by inflation. Your solicitor can draw up a pecuniary gift clause to ensure that a cash gift does not devalue over time.

Residuary Gifts

A share of your total estate (everything of value that you own) after all other payments – such as lifetime debts, tax, administrative expenses and cash gifts – have been deducted. As a residuary legacy is a percentage of your estate, it will keep its value over time.

Specific Gifts

A specific gift is any personal possessions, property or shares that you choose to donate to a charity or leave to a specific beneficiary.



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5 Steps to Completing your Will...

Wills are an important document designed to ensure your last wishes are carried out. Here are five steps to try and help make that process as simple as possible for you.





Your Estate...

Before your appointment with a solicitor, list all of your assets and their approximate value. This includes any property you own, shares, savings and valuable possessions. The sum of these assets is referred to as your estate.

Your Debts...

Make a note of all of your debts including outstanding mortgages, loans, bills, and credit cards. Debts are paid out of your estate in priority (i.e. before any gifts in your Will can be paid).



Beneficiaries...

List the people, you would like to benefit from your Will, including any organisations or charities - either from a cash gift or percentage of your estate. Ensure you give the correct names, addresses and charity numbers (where applicable).





Executors...

These are the people who will prove your Will and carry out your final wishes. They can be your solicitor, family members or close friends. Please ensure you trust these people to carry out your final wishes.



Safe & Updated...

You should revisit your Will at least every few years to ensure it still reflects your current circumstances and wishes. The original should be kept in a safe place (e.g. solicitor's office) and give a copy to your executor(s).



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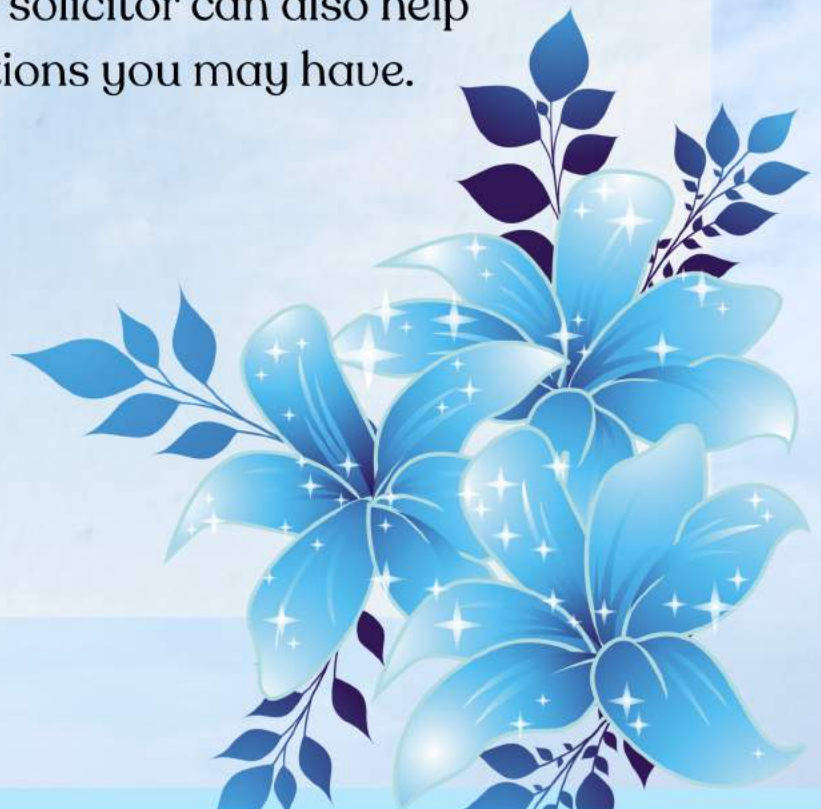




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Questions and Answers...

When creating a Will, you may have questions. On the following pages we aim to answer these, but your solicitor can also help to answer any questions you may have.



Why do I need a Will...

Although having a Will isn't a legal requirement, it's the only way to ensure your final wishes are carried out, and your estate is distributed as you wish. You can specify a guardian for any children under 18 and give some peace of mind to your loved ones.

What happens if I don't have a Will...

This is called intestacy. If you die intestate, the courts will decide how your estate is distributed. This can be confusing and stressful for your loved ones who are already struggling with their grief.

Can I write my own Will...

This is not recommended because any mistakes in drafting the Will could invalidate it, effectively leaving you intestate. Please use a solicitor or a member of the Institute of Professional Will-writers. Including the National Free Wills Network.



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Is making a Will expensive...

A simple Will costs around £100 per person, but solicitors' charges can vary, and a complex Will will incur a higher fee. If you have access to legal services via insurance, work, or union membership, it could reduce the costs of making a Will. You can also make a Will for free via our partner, National Free Wills Network.

Tax Inheritance & leaving a gift to charity...

Inheritance Tax (IHT) is payable at 40% if your estate exceeds £350,000. Gifts to charity are exempt from IHT, the value is deducted from your estate before IHT is calculated. Another IHT reduction is possible by leaving a gift amounting to 10% or more of your net estate to charity. This can reduce IHT payable from 40% to 36%. You should discuss this with your solicitor.

Can I make changes to my Will...

For a simple change to an existing Will for example adding a cash gift, you can make a codicil. For more complex changes, we advise discussing it with your solicitor.



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Can I choose what my gift is used for...

We'll always try to honour your wishes, but due to the rapid advancements in terms of medical treatment and aftercare funding may be needed in other areas from the date you made the request. To ensure Theo's Foundation benefits from your gift it would be more beneficial if your request was stated as such and not a condition of your Will.

Should I tell you about the gift in my Will...

We would be very grateful if you let us know you've chosen to include Theo's Foundation in your Will, because we'd like to thank you personally and keep you up to date with news. We understand that your Will is private, and there is no obligation to tell us your intentions. Your gift is not binding in any way, and you can change your mind at any time.



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*Together we are united, your gift
enables us to do many things for
families in need...*

It is with many thanks to people like you for your kindness and generosity that we are able to do what we do. So we want to say a huge thank you from all of us at Theo's Foundation and all of the families we support.

If you have any questions or need any help and support please feel free to reach out to us at any time. Thank you for downloading our Free Guide, we hope you have found it beneficial. If you have and think it would help others, please feel free to share!

www.theosfoundation.co.uk

